# **Regional Center Services**

#### Pilar Gonzalez Attorney & Client's Rights Advocate

Office of Clients' Rights Advocacy Disability Rights California

## **Outline of Presentation**

- What is the Office of Clients' Rights Advocacy?
- Regional Center System
  - Services Available
- Regional Center Eligibility
  - Requirements
  - Application Process

Regional Center Eligibility Appeals

#### What is the Office of Clients' Rights Advocacy? (OCRA)

- OCRA is part of Disability Rights California
  - We represent Regional Center Consumers
  - We are NOT part of the Regional Center
- Provide free legal advocacy services in various areas of the law
  - Regional Center Services
  - Benefits (IHSS, Medi-Cal, Medicare, Social Security, CCS etc.)
  - Special Education

## **Regional Center System**

 The Lanterman Act establishes the Regional Center system. (W&I §4500 et seq)

 It is intended to give people with developmental disabilities the right to services and supports that will allow individuals to more normal and independent lives. (W&I §4501)

## Services and Supports

To lessen the effects of the developmental disability.

• Have a normal, independent, and productive life.

To learn new skills.

# **Categories of Services**

- Assessment Services
- Habilitation and Training
- Treatment and Therapy
- Preventive Services
- Living Arrangements
- Community Integration
- Employment/Day Programs
- Family Support Services

- Relationship Services
- Emergency and Crisis Intervention
- Specialized Equipment
- Transportation Services
- Facilitation Services
- Self-Advocacy
- Advocacy

(W&I §4512(b))

# **Securing Services**

- The Individual Program Plan is the process to secure services:
  - It is a contract between the RC and the consumer.
  - It must list all services provided.
  - Must be person centered
- The regional center must investigate and use creative and innovative ways to meet the family's need and keep the child in the family home. (W&I §4685(c)(2))
- It is the regional center's responsibility to ensure that all needed services are being provided.

# **Regional Center Eligibility**

- Autism, Epilepsy, Cerebral Palsy, Mental Retardation, or a condition similar to or requiring similar treatment to Mental Retardation. (W&I §4512(a))
- Originate prior to the age of 18.
- Be substantially disabling.
- Expected to last indefinitely.
- Not be solely physical, solely learning, or solely psychiatric. (17 CCR §54000)

# Substantially Disabling

- Significant functional limitations in 3 or more of the following areas:
  - Self-Care,
  - Receptive and Expressive Language,
  - Learning,
  - Mobility,
  - Self-Direction,
  - Capacity for independent living, and
  - Economic self-sufficiency. (W&I §4512(I))

## **Application Process**

- Contact Regional Center (RC).
- RC determines if assessments are needed.
- RC completes assessments.
- RC has 120 days to complete assessments, or 60 days if 120 days could cause delays in development, health, or a more restrictive placement.

#### Regional Center Eligibility Appeal

 RC must provide you with a written notice of action (NOA) stating whether or not you are eligible for RC services.

You have 30 days to appeal.

• You can also reapply instead of appealing.

#### A Closing Note

- This is a quick overview of a complex system and process.
- Therefore, feel free to call us for more detailed information or to answer specific questions about your case
- We can provide:
  - Counsel and advice
  - Review notices and records
  - Publications with legal information
  - Sample letters for doctors or specialists
  - Referral lists
  - Our Number: (415) 499-9724